

## MODEL CHECKLIST

### Give Affected Residents a Pre-Extermination Bedbug Checklist

Here's a checklist that you can photocopy or reproduce to give to affected residents. Go over the checklist with your pest control professional to see if there are any items to be added to the list.

#### PRE-EXTERMINATION BEDBUG CHECKLIST

Our efforts at bedbug control will be effective only if you prepare your unit by following the steps outlined below.

- After the initial inspection and after the presence of bedbugs have been confirmed with site staff, periodically use a vacuum cleaner (preferably HEPA-filtered), to remove the bugs and their cast skins from all observed and suspected harborage sites until a pest management professional can apply appropriate treatment. The vacuum bag should be removed immediately afterward, sealed tightly inside a larger plastic bag, and that bag should be placed in the next normal trash collection.
- Launder all infested cloth items in hot water, 120 degrees Fahrenheit or hotter, for at least 10 minutes, with soap or detergent, then dry in a warm or hot dryer of at least 140 degrees for at least 20 minutes, or dry clean to kill all bedbug life stages present.
- Enclose each mattress and box spring in a sealed plastic cover, like those sold commercially. These types of encasements should be of high quality and bedbug puncture proof to limit exposure to house dust mites or bedbugs.
- Place and seal all recently laundered cloth items (e.g., bed linens, clothing) inside new large plastic bags or tightly closed bins to prevent any bedbugs from re-infesting them.
- Get rid of clutter to reduce places bedbugs can hide. Be sure to use plastic sheeting to cover, or place securely in plastic bags, any items to be thrown away. Label with a sign that says "infested with bedbugs."

**AFTER TREATMENT:** Re-inspection of the unit will be done about 10–21 days after any initial treatment, and (if needed) again about 10–21 days later, to detect, and to precisely target the treatment (if needed) of any continued infestation.

Be sure to carefully reintroduce cleaned items. Isolate and contain items that have been properly cleaned, laundered, or heat treated. Heavy-duty plastic bags or air-tight containers may be used for this purpose. Clear bags and containers are preferable.

**IMPORTANT REMINDER:** Please do not use bug bombs or insecticide foggers against bedbugs. Foggers and bug bombs are not effective against them, and they drive them deeper into cracks and other areas of the unit.